

## Growth Assessment in the NICU

### ***Internet Enduring Material***

***Release Date:*** 06/07/2024

***Expiration Date for Credit:*** 06/06/2027

*Content was originally presented as part of the Pediatrix Neonatology Grand Rounds series on June 5, 2024.*

### ***Accreditation***

The Pediatrix Center for Research, Education, Quality and Safety is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

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### ***Time to Complete***

The estimated time for completion of this Internet Enduring Material is 65 minutes.

### ***Target Audience***

This presentation is intended for physicians, advanced practice providers, and other clinicians practicing within the Neonatology specialty.

### ***Mitigation of Relevant Financial Relationships***

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### ***Disclosure of Relevant Financial Relationships***

**Fu-Sheng Chou, MD**, faculty for this educational activity, does not have any relevant financial relationship(s) with ineligible companies to disclose. *FDA Disclosures:* none reported.

**Timothy Biela, MD, Nicole Brenson and Jaya Sariga, NNP-BC**, planners of this educational activity, have no relevant financial relationships with ineligible companies to disclose.

### ***Commercial Support***

There is no commercial support for this educational activity.

## **Overview**

This activity will introduce an innovative growth reference tool which describes preterm infant growth under contemporary neonatal practice. The new growth reference tool may provide a means to change growth assessment in the NICU to provide better understanding of the impact of neonatal morbidity and nutrition on growth. At the conclusion of this activity, learners will critically review current assessment methods in their unit to determine if adoption of the new postnatal growth chart is beneficial and appropriate to implement its use within their patient population.

## **Objectives**

*At the conclusion of this activity, the participant will be able to:*

- Discuss the different growth reference tools for preterm infants, and the limitations associated with intrauterine growth charts.
- Describe the basic principles in the development of the Postnatal Growth Charts for Preterm Infants.
- Demonstrate descriptive, predictive, and prescriptive use of the Postnatal Growth Charts for Preterm Infants.

## ACGME/ABMS Competencies

- Patient Care & Procedural Skills
- Medical Knowledge
- Practice-based Learning and Improvement

## IOM Competencies

- Employ evidence-based practice
- Apply quality improvement

## **Participation and Credit**

Participants are expected to review all content in the video, access reference materials as needed for additional self-directed learning, take and score 75% or greater correct on the post-test, and complete the evaluation in order to earn *AMA PRA Category 1 Credit(s)*<sup>™</sup>, or nursing contact hour(s).

There are no fees for participating in or receiving credit for this online educational activity. For information on the applicability and acceptance of credit for this activity, please consult your professional licensing board.

## **Contact**

Should you have any questions or concerns, please contact us at [continuing.education@pediatrix.com](mailto:continuing.education@pediatrix.com)